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Affordable Housing Options

Helpful Websites to find Housing Opportunities

- Lynchburg Redevelopment and Housing Authority Housing List
 - Updates regularly! Some options are section 8/subsidized housing, some are not. Here is the link: <https://www.lyncburghousing.org/programs/housing-choice-voucher/section-8-vacancy-listings.html>
- **CHIA's housing list** –updates weekly. Copy and paste this link into a website browser on your phone, computer, or one of the library computers: https://docs.google.com/document/d/1-yxbVR7OT70CX_G4ce9bBsxpG64vqyDyBv3WBj8pfwo/edit
- Rent.com
- Zumper.com
- Zillow.com
- Apartments.com
- www.oldmilltownhomesva.com/
- Virginiahousingsearch.com

Landlords who have rooms or homes to rent

Private landlords are a good option for those who may not pass background checks and credit checks.

1. Richard Pomper: 434-944-6252. Rooms are \$600/month, and he does not check for credit or criminal records.
2. Mary Cox: 434-841-8876. She has various housing options available. She does not check for credit, but you must have a source of income.
3. Brianna Merit with Leverage Properties may also have openings, her number is 580-402-2365
4. Dan Dulger: \$700 1 bedroom rooms available on Filmore Street completely furnished with microwave & fridge. Call Dan 804-814-8889 for more details.

Do you have low or poor credit?* Check out Property Management Specialists

<https://www.pmsllc2019.com/vacancies>

(434) 849-8693

pmsllc2019@gmail.com

**Ask Madelyn for a credit score guide if needed.*

Public Housing through the Lynchburg Housing Authority.

- Has affordable payments; also accepts vouchers (see Housing Program section in the Resource List for more information on housing vouchers).
- See LRHA website for more information on the properties below at <https://www.lyncburghousing.org/>
 1. Birchwood
 2. Brookside
 3. Dearington
 4. Langview

Low-Income Apartment Complexes

1. Rain Tree Village

- 720 Blue Ridge Ave, Bedford, VA - (540) 586-5650

2. Timber Ridge Apartments

- 7500 Timberlake Rd - (434) 237-3560

3. Lynchburg High Apartments

- 1301 Park Avenue - (434) 847-9059

4. Shalom Apartments

- 700 Federal Street - (434) 847-9059

5. College Hill Apartments

- 810 Harrison Street - (434) 528-8534

6. James Crossing Apartments

- 808 Greenfield Drive - (434) 845-2274

7. Park Place Apartments

- 2404 Tate Springs Rd - (434) 846-4319

8. Meadows

- 2315 Yorktown Ave - (434) 845-6666

9. Craigmont Manor

- 1200 Craigmont Dr - (434) 515-0466

10. Forestbrook Apartments

- 220 McConville Rd - (434) 239-0088

11. Rockbridge Apartments

- (for mentally challenged)
- 1000 Rockbridge Ave - (434) 847-9059

12. Millwoods Apartments & Townhomes

- Great option for families. Includes playground, dog park, and is on the bus line.
- 6224 Old Mill Road PO Box 4458 Lynchburg, VA 24502
- (434) 239-6888

13. Pine Crest Apartments

- Pine Crest Avenue, Bedford, VA 24523
- (540) 586-3742
- 64 units: one- and two-bedroom units (includes stove and refrigerator); Water and sewage included in rent.

14. Raintree East: 62 and over, Handicapped, Disabled.

- 720 Blue Ridge Avenue PO Box 946 Bedford, VA 24523
- (540) 586-5650

15. Wesley Apartments

- 1201 Long Meadow Drive, Box 4192, Lynchburg, VA 24502
- (434) 237-5162
- 150 units: Efficiencies, one- and two-bedroom apartments

16. Miller's Rest Apartments

- 6125 Old Mill Road, Lynchburg, VA 24502, 833-969-4616
- Rent ranges from \$655-1,106/month for 1, 2, & 3 bedrooms.
- On bus line, pet friendly, family friendly, disability friendly

Childcare Options

HumanKind Head Start Program

- For children ages 6 weeks-3years. Once your child “graduates” from this program, they will refer you to other affordable, trustworthy daycares. They provide support for parents, parenting classes, and free, full-time child care.
- LRHA has a partnership with Humankind Headstart. There is a waiting list, but through a ROSS Coordinator, your child can be enrolled immediately. Contact Your ROSS Coordinator if you are interested.
- They recently opened a new daycare center at 1200 Fenwick Dr, Lynchburg, VA 24502.
- [434-485-8124](tel:434-485-8124)

Fellowship Church of Christ, Free Day Care

- 1816 Bedford Ave, Lynchburg VA 24504
- Church number: (434) 528-3924
- Contact: Sylvia Kee, 434-485-9005
- Has full time childcare, before school childcare, and afterschool childcare.

Rhema's "Gentle Care" Child Development Center

- 434) 847-0257
- 321 Alleghany Ave in Westend in Lynchburg, VA
- Hours: 6am-6pm
- <https://www.dss.virginia.gov/facility/search/cc2.cgi?rm=Details;ID=37831>

Jubilee Family Development Center

- 434-845-0433
- <https://www.jubileefamily.org/>
- swilder@jubileefamily.org
- 512 Florida Avenue Lynchburg, VA 24501-4112
- After school programs
- Adult Education Programs (GED, computer classes, etc.)
- 3 Point Play Nutritional Education Program, Vocational Programs, Athletic Programs, Summer Enrichment Camp

Child Care Financial Assistance

- Campbell County Social Services
 - 434-592-9585
 - Serves Campbell County Residents only
- **Lynchburg City Human Services**
- The Child Care Program offers subsidy to provide low-income families with financial resources to find and afford quality child care. Consumer education is offered to help parents make informed choices about child care. Children may receive care in child care centers and family child care homes.

- For more information about Child Care Services call (434) 455-5621.

- **National Childcare Financial Assistance**
 - **Open to all, regardless of which county you reside in.**

 - **Apply for Child Care assistance online: www.commonhelp.virginia.gov**

Clinics

Lynchburg Health Department

- 307 Alleghany Avenue, Lynchburg, VA 24501
- Email: AskCVHD@virginia.gov
- Phone: 434.477.5900
- Open Monday-Friday, 8:15am-4:45pm
- Medical costs are based on income. Medicaid is accepted.
- Services: testing, check-ups, immunization, COVID Tests, Pregnancy Tests, obtaining of Birth Certificates

Community Access Network (CAN)

- 800 5th Street Lynchburg
- 434-200-3366
- Service by Appointment and walk-in
- Monday through Friday: 8:30 a.m. to 8:30 p.m.
- Saturday and Sunday: 8:30 a.m. to 12:30 p.m.
- “Community Access Network offers a wide range of medical, behavioral health and support services for patients. At Community Access Network, you can think of us as your primary care providers *and* those you call when you need urgent care. Whether you need same-day appointments, walk-in care or you need to schedule an annual physical, we’re here to help. We provide a range of services, including primary medical care and pediatrics.”
- The Community Access Network provides services to patients regardless of their ability to pay, and offers to all patients the opportunity to apply for the Reduced Fee program to receive affordable healthcare. Ability to pay is based on the patient’s annual household income.

Free Clinic of Central Virginia

- 434-847-5866
- <https://www.freeclinicva.org>
- info@freeclinicva.org
- 1016 Main Street Lynchburg, Virginia 24504
- Hours: Monday - Friday 8:00 am - 4:30 pm
- Services: Medical Care, Dental Care, Prescriptions & MedsHelp

Johnson Health Center

- (434) 929-1400
- <https://www.jhcvirginia.org/>
- Open Monday-Friday, 7:30am-5pm
- **Services:** Primary care, OB/GYN, psychiatric care, dental, pharmacy, and transportation.
- Reduced fee application <https://www.jhcvirginia.org/wp-content/uploads/2019/04/PATIENT-REGISTRATION-AND-REDUCED-FEE-FORM.pdf>

Counseling Agencies

National Suicide Prevention Lifeline

- Open 24/7
- 800-273-8255

Support Systems, INC

- Contact Latoya Horsley at 434-237-7846 to schedule an appointment. Latoya also comes to the shelter to teach a Mental Health class for residents. Latoya will see you at her office, or she will drive to the shelter to speak with you. Ask your ROSS Coordinator for more information.
- Office location: 2107 Graves Mill Road Suite B, Forest VA 24551

Blackwater Counseling Services

- Works with Medicare and also a sliding scale for annual income
- [Blackwater Counseling - Homepage - HumanKind](#)
- Jennifer Robinson Guerin, LPC, PMH-C
- Director of Blackwater Counseling - Licensed Professional Counselor
- jrobinsonguerin@humankind.org
- OFFICE: 434.846.1124

Horizon Behavioral Health

- 2215 Langhorne Road Lynchburg 434-477-500
- For Emergency after hours: 434-522-8191
- first step is to call our admissions number at 434-477-5000 to set up a client profile and schedule an assessment.

Thomas Road Baptist Church Counseling Services

- In addition to free counseling, they also have lots of FREE support groups for any issue under the sun: illness, abuse, divorce, pornography, substance abuse, depression, you name it. Ask your ROSS Coordinator for more information or visit their website.
- contact us at **434-592-4082**
- We also have a team of If you have experienced the loss of a family member, please caring members who are available to pray with you and offer encouragement during a hospital stay. Please call **434-592-4082** to let us know you'd like a visitor.
- If you have an immediate need that requires a pastor's attention, please dial **434-239-9281** to reach the pastor on call.
- "We offer 12 FREE counseling sessions. During your time in counseling, our providers will work to determine if other programs, such as Support and Recovery groups, would be a good option for you following your counseling sessions"

Cornerstone Counseling & Consulting

- 106 A Tradewynd Dr.
- Lynchburg, VA 24502
- 434-582-9491

- www.cornerstone4c.com
- Sessions with Residents-\$50/hour
- Individual, marriage & family & college student counseling
- No children

UP Foundation

- with Dr. Stewart (located at Parkview Community Mission 3rd floor)
- Takes Medicare.
- Counseling Center & Recovery Support Services

Couples & Kids

- 110 Vista Centre Dr. Ste. 18
- 434-316-6023
- www.couplesandkids.com
- Sliding Scale
- Will see children ages 4+

Light Counseling

- 20564 B Timberlake Rd.
- (434) 384-1594
- www.lightcounseling.net
- No Sliding Scale, Accepts Most Insurances & Medicaid
- Will see Children age 8+

Wellspring of Hope Counseling Center

- 3723 Old Forest Rd. Ste. A
- 434-439-4822
- www.wellspringofhopellc.com
- Sliding Scale, Most Insurances/No Medicaid/care
- Will see children

Living Water Counseling Center, Inc

- 20838 Timberlake Rd. Suite B
- 434-473-7458
- www.lwcounseling.org
- Sliding Scale
- Accepts Most Insurances/No Medicare, Will see Children
- *Residents/Interns available at a reduced rate. (\$50/session & \$20/session)*

Kairos Counseling

- 1605A Enterprise Dr.
- 434-319-5528
- www.kairos counselingva.com
- Sliding Scale, Most Insurance/No Medicaid/care

Disability Resources

Disability Frequently Asked Questions

1. **How do I apply for disability benefits, social security benefits, food stamps, or WIC?**
 - There are several ways to apply. You can either apply online at <https://commonhelp.virginia.gov/>, or call 1-855-635-4370, or apply in-person at Lynchburg Human Services, located at 99 9th Street. No appointment required.
2. **I have a physical disability. What programs am I eligible for?**
 - You can get on the RUSH homes waiting list. RUSH homes are extremely affordable housing options for those with physical disabilities. To get on the waitlist, visit <https://www.rushhomes.org/apply-for-housing> or call (434) 455-2120.
 - You can contact DARS, an employment agency for those with disabilities. They can connect you with a job that can accommodate you. Visit them at 2250 Murrell Road, Suite F, Lynchburg, VA 24501, or call them at (434) 947-6721.
3. **Am I eligible for monthly disability benefits? I have been diagnosed with a mental health disorder and/or have a chronic physical condition.**
 - Maybe! Visit Lynchburg Human Services located at 99 9th Street and ask a social worker there.
4. **I have been diagnosed with a mental health disorder. What programs am I eligible for?**
 - You are eligible for Horizon's Housing Program. **See the Housing Program section in the Resource List for more information.**
 - You are eligible for free counseling (ask Madelyn for a list), and Horizon's case management, psychiatric care, and counseling programs. You can do a walk-in meeting at Horizon by visiting 2215 Langhorne Rd, Lynchburg, VA 24501 or you can call to schedule an appointment at 434-477-5000.

More Resources for those with a Disability

RUSH Homes

- RUSH Homes are homes specifically designed for those with physical disabilities. They are very affordable, and also accept housing vouchers. To get on the waitlist, visit <https://www.rushhomes.org/apply-for-housing> or call (434) 455-2120.
- Rush Homes can also provide a list of other housing providers in the region. Call 434-455-2120.

Wall Residences

- Wall Residences provides support to individuals who experience developmental disabilities and/or a long term mental health diagnosis to live a meaningful life in both home and community settings.
- There are 9 available homes within Lynchburg where those with a disability can reside. <https://www.wallresidences.com/>

AccessVA

- Accessva.org provides a way for Virginians with disabilities to find an affordable, accessible place to live.
- Accessva.org also provides a variety of other information including information on accessible housing resources and an interactive map of Virginia Centers for Independent Living (CIL).
- Click on www.accessva.org to search for housing.

Virginia Housing Search

- Virginia Housing Development Authority manages Virginia Housing Search, a free resource to help you find a home that fits your needs and budget.
- Begin your search at <http://www.virginiahousingsearch.com/>

DARS Employment Services

- Visit their office for assistance in finding employment which is compatible with your disability.
- 2250 Murrell Road, Suite F, Lynchburg, VA 24501
- (434) 947-6721

Disabilities Services

- Lynchburg Area Center for Independent Living (LACIL) – 434.528.4971

Blue Ridge Independent Living Center

- 1502 B Williamson Road, NE Roanoke, VA 24012-5100
- Office: (540)342-1231
- Work incentives and planning assistance (WIPA) program

FREE: Foundation for Rehabilitation Equipment & Endowment

- (434) 846-373
- Provides rehabilitation equipment such as walkers, canes, wheelchairs, bedside commodes, shower chairs, tub benches, and other mobility devices

Virginia Department for the Deaf and Hard of Hearing (VDDHH)

- (800) 552-7917
- Deaf and Hard of Hearing Services Center, Inc. Lynchburg: (434) 528-4991

VA Department of the Blind and Vision Impaired (VDBVI):

- (800) 622-2155

The ARC of Central Virginia

- Provides resources, trainings, employment search help, education assistance, and more.
<https://thearc.org/our-initiatives/employment/employment-services/>

Domestic Violence Resources

YWCA Central Virginia

- Has a shelter and a Safe House where you can stay safely with your children
- Has a Sexual Assault Response Program (SARP) which facilitates several community support groups for victims of sexual violence.
- Can also accompany individuals to emergency room if they experienced sexual assault.
- YMCA Domestic Violence Hotline: 1-888-528-1041
- YWCA Sexual Assault Hotline 1-888-947-7273, open 24 hr, confidential.
- Loveisrespect: 1-866-331-9474 or text “loveis” to 22522 anytime.
- Also have a children’s Supervised Visitation Center.
- Brenda Dunning, Supervised Visitation Center Director, 434-528-1041

National Sexual Assault Hotline

- Tenants who have been victims of sexual assault may call the Rape, Abuse & Incest National Network’s National Sexual Assault Hotline at 800-656-HOPE, or visit the online hotline at <https://ohl.rainn.org/online/>.

Sexual Assault Response Program (SARP) (local)

- 24 hour confidential hotline at 888-947-7273.

Domestic Violence Prevention Center (Local)

- 434- 528-1041 or 888-528-1041.

Frannie’s House

- Frannie’s House is a domestic violence shelter for victims who live in the southern part of Campbell County and surrounding areas.
- [1010 Broad Street](#)
[Altavista, VA 24517](#)
- (434) 257-1557

Domestic Focused Shelters:

- YWCA Mercy Home: (406) 452-1315
- YWCA Central Virginia: (888) 528-1041 or (434) 528-1041
- Project Horizon: (540) 463-2594 or (540) 463-7861
- Tri- County Action Agency: (434) 476-1136 or (434) 575-7916
- Bedford Domestic Violence Shelter: (540) 580-0775
- Franklin County Family Resource Center: (540) 483-1234 or (540)483-5088
- LRHA Turning Point: (540) 345-0400

- Sexual Assault Response and Awareness, INC- SARA: (540) 981-9352 or (540) 345-7273

Family Resources

Patrick Henry Family Services

- 434-300-HOPE
- hello@patrickhenry.org
- www.Patrickhenry.org
- Includes a CarePortal in which ROSS Coordinators can submit requests for their family clients who are in need of clothing, furniture, diapers, bus passes, or any other item under \$500.
- They have a Dare2Dad Program which provides classes, mentors, and supports for fathers.
 - Dare2dad@patrickhenry.org
 - 434-376-2006, extension 608
- Includes Homes of Hope, a shelter specifically for single mothers.
- Includes their Hope for Tomorrow Counseling center.

Family Preservation Services

- This is an excellent service for parents who may need extra direction in their parenting, and/or their children have significant behavioral issues.
- Your ROSS Coordinator has a referral form. You can also call them at [434.528.9711](tel:434.528.9711)
- They have family therapy, parenting therapy, and support groups.
- [Family Support Services - Family Preservation Services, Inc. \(fpscorp.com\)](http://fpscorp.com)

HumanKind Motherhood Collective

- Sliding scale for membership costs
- equipping & empowering women from preconception - postpartum through expert-based education & social support programming
- [The Motherhood Collective](http://TheMotherhoodCollective.com)

Single and Parenting Support Group at TRBC

- To register, contact Tom Freitas, Pastor of Care and Counseling 434-592-5630 [Send message](#)
- Meets in LCA room #244
- Childcare available
- FREE
- [Thomas Road Baptist Church group - Single & Parenting \(singleandparenting.org\)](http://singleandparenting.org)

Infant & Toddler Connection of Central Virginia

- A program of Infant & Toddler Connection of Central Virginia
- Areas Served: Amherst, Appomattox, Bedford, Campbell Counties and Cities of Bedford and Lynchburg. To reduce the impact of developmental delays and disabilities on infants 0-3 in Central Virginia, to ensure that infants receive developmental evaluations at no cost to families, to provide access to early intervention services as appropriate. If using a GPS use address: 801 Lakeside Dr. Lynchburg, VA 24501.
- Intake Contact:
 - Tyree, Melanie
- Intake Contact Phone:
 - 434-477-5948 (Main)
- Intake Contact Email:
 - melanie.tyree@vdh.virginia.gov (Direct)

Single Mothers Grants

- [Single mothers assistance in Virginia \(singlemothersgrants.org\)](http://singlemothersgrants.org)
- Grants for education, utility bills, and more. Apply in the link.

The Madeline Centre

- Referral for out-patient, autism, behavioral issues, in-home care, and parenting classes
- The Madeline Center, Inc. main office is located at 18697 Forest Road in Lynchburg, Virginia.
- **Phone:** (434) 239-0003

Bridges Treatment Center

- Residential treatment facility for children ages 7-18 years old who face mental health disorders, behavioral difficulties or have been diagnosed with autism.
- 693 Leesville Road, Lynchburg Virginia 24502
- Pat Howard is the Clinical Coordinator who should be contacted if someone is interested in enrolling their child: Pat.Howard@Centrahealth.com

Lynchburg Health Department – 307 Alleghany Avenue, Lynchburg VA 24501

- Offers car seats and instructions on how to install car seats for families. Call 434-477-5900
- Offers Home Visiting in which a registered nurse will visit pregnant mothers and mothers with children under the age of 2 to answer questions and help the mother work through any issues she has while pregnant or after the baby is born.
- Offers free immunizations, check ups, breast & cervical cancer screenings, tobacco cessation programs, and diabetes prevention programs.

Child Care Financial Assistance

- **Campbell County Social Services**
 - 434-592-9585
 - Serves Campbell County Residents only
- **Lynchburg City Human Services**
- The Child Care Program offers subsidy to provide low-income families with financial resources to find and afford quality child care. Consumer education is offered to help parents make informed choices about child care. Children may receive care in child care centers and family child care homes.
- For more information about Child Care Services call (434) 455-5621.
- **National Childcare Financial Assistance**
 - Open to all, regardless of which county you reside in.
 - Apply for Child Care assistance online: www.commonhelp.virginia.gov

Financial Assistance

How do I apply for monthly benefits such as food stamps (SNAP), disability benefits (SSDI), social security benefits (SSI), or WIC?

- There are several ways to apply. You can either apply online at <https://commonhelp.virginia.gov/>, or call 1-855-635-4370, or apply in-person at Lynchburg Human Services, located at 99 9th Street. No appointment required.

Interfaith Outreach Association: 434-846-6098

- Rent & Utilities for Lynchburg, Amherst, Appomattox, Bedford, and Campbell
- All applications are completed over the phone.
 - If you are not able to speak with someone, leave a message and the call will be returned.
 - Submit documents either electronically or at the door.

Crisis Assistance- Heat bill in termination

- Apply either online at: <https://commonhelp.virginia.gov/>
- OR call your local department of social services

<ul style="list-style-type: none"> ○ City of Lynchburg: 434-455-5850 ○ Amherst: 434-946-9330 ○ Appomattox: 434-352-7125 ○ Bedford: 540-586-7750 	<ul style="list-style-type: none"> ▪ Altavista/Lynchburg: 434-592-9585 ▪ Rustburg: 434-332-9585 ▪ Brookneal/Gladys: 434-455-5850
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United Way: 434-455-6908

- For utility bills & eviction notices.
- Clients must call to see if they qualify; Must first apply for crisis assistance.
- Once they have applied, they drop documents at their door.

Neighbor to Neighbor – AEP for all localities

- Client's name must be on the bill
- They must have paid \$100.00 themselves in the past three months
- Cannot assist with a deposit
- Bill must be down to \$300 for them to make a pledge/payment

- Energy Share - Campbell & Appomattox counties
 - For whatever they use for heat
- Heat Share – Columbia Gas for all localities
 - Client must have paid \$75 in the past 3 months

LynCAG: 434-455-1601

- Call first, also has Neighbor to Neighbor and Heat Share
- Document drop off at their door

MORE Aid (St. Thomas More Catholic Church)

- For rent & utility assistance
- Must apply in person at 3015 Roundelay Road
- Tuesdays & Thursdays 9-11am

Salvation Army: 434-941-2313

- Contact if you need help paying utility bills, eviction notices, or first month's rent. Must reside in Lynchburg only. Has a waiting list.
- Clients call the receptionist to setup an appointment Monday through Friday from 9:30am to 3:30pm.

Thomas Road Baptist Church: 434-239-9281

- For eviction notices and utility bills.
- Must live within 20 miles of Thomas Road Baptist Church – no exceptions
- Go to their Welcome Center Benevolence Desk to fill out an application and bring copy of their bill.

Parkview Community Mission: 434-845-8468

- For utility bills & eviction notices.
- Call to begin process. Then you will be emailed an application and they will request needed documents

County Specific Agencies

- Altavista – DAWN 434-369-7937
- Bedford Christian Ministries: 540-586-2633
- Brookneal – BEAM – 434-376-6686

- Madison Heights/Amherst – Helping Hands: 434-846-591

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Food Banks and Kitchens

Parkview Community Mission

- This is our #1 recommended food bank. They provide lots of good quality produce, personal care items, meats, canned goods, diapers- everything you would normally get at a grocery store.
- 2420 Memorial Avenue Lynchburg 434-845-8468
- Food distribution (food boxes): Thursdays and Saturdays 9:30am-2pm
- Free Community Dinner: Wednesday 4:30-5:30pm

Lighthouse Community Center

- (434) 847-5050
- www.TheLHCC.org
- 1310 Church Street Lynchburg, VA 24504
- The Lighthouse Community Center serves people in crisis with basic necessities, support, encouragement, and remedial services that lead to self-sustaining and dignified lives.
- **Services Include:**
 - A day shelter, open daily from 10:00 am - 2:00 pm
 - Access to Clothing Closets, Hygiene Kits, Homeless Backpacks
 - Social Work Assessment and Navigation services
 - Professional Counseling Services by licensed counselors from Hope for Tomorrow
 - Hot Coffee bar with light snacks and water
 - Hot Buffet Lunch
 - Emergency Food Bank
 - Bikes for Individuals with transportation needs
 - Prison Ministry and monthly Freedom Celebration dinners
 - Workforce Development, Mentoring, Skill-Building
 - The Lighthouse Lodge (residential housing for non-veterans)
 - The Lighthouse Veterans' Lodge (residential housing and resource center)

Daily Bread

- 2721 Clay Street Lynchburg
- lunch everyday: 10:50am-12:20pm

Blue Ridge Area Food Bank

- (434) 845-4099
- www.brafb.org

Timberlake United Methodist Church Fillin' Station

- (434)239-1348
- 21649 Timberlake Road 2
- nd and 4th Monday 6-7:30 pm

Last revision: April 2023, Contact Madelyn with questions: 434-435-0311

- Lynchburg, VA 24502 3
- rd Mon. by appointment

Seven Hills Church of Christ Food Pantry

- (434)237-3666

Salvation Army Food Bank

- They have dry goods, frozen goods, diapers, formula, and cleaning supplies
- 2211 Park Avenue (go to Family Services)

Love and Truth Community Church

- 3135 Fort Ave, Lynchburg VA 24501
- 434-845-0200

Compassion Church of the Nazarene

- 1737 Wards Ferry Rd, Lynchburg, VA 24502
- Great selection!
- +14342394943

Hyland Heights Food Bank

- Registration is at Entrance 1 on Wednesday evenings and starts at 5:00pm and goes until 6:30. If you are in line at 6:30, you will be served.
- 11452 Wards Rd, Rustburg, VA 24588
- connect@hhbc.net , (434) 821-6906

Emergency Food:

Court Street Baptist Church

- (434)845-3028
- 517 Court Street 2
- 2nd Friday of the month
- Lynchburg, VA 24505 2-2:45pm; or by appointment

Deliverance

- (434)847-7691
- 2210 14th Street Monday – Sunday
- Lynchburg, VA 24501 Provides assistance as needed

Fairview Christian Church

- (434)845-6031
- 2701 Campbell Avenue Wednesday & Friday
- Lynchburg, VA 24501 9:30 am – 11:30 am
- www.fairviewchristian.org Once in 60 days/6x per year

First Baptist Church, South Lynchburg

- (434)846-4064
- 2500 Tazwell Avenue Provides assistance as needed
- Lynchburg, VA 24501

Interfaith Outreach Association

- (434)846-6098
- 701 Clay Street Fax (434)846-1040
- Lynchburg, VA 24504 email to: ioa@ntelos.net
- www.interfaithoutreach.org Monday – Friday 9am – 12pm
- Emergency food, need referral from DSS or other agency

Jericho Outreach Ministries, Inc.

- (434)845-0834
- 606 5th Street (434)846-1072
- Lynchburg, VA 24504 Fax (434)821-6907
- Emergency food assistance only.

Langhorne Chapel Community Church

- (434)525-3367
- 15777 Leesville Road
- Evington, VA 24550

Project Manna

- (434)283-7531
- Piedmont Community Impact Org. Fax (434) 283-7532
- 1802 Long Island Road 4
- th T, W, Th 10am – 1pm
- Gladys, VA 24554 4
- th Sat 9:30 am – 10:30 am

Rivermont Area Emergency Food Pantry

- (434)384-8441
- 1000 Langhorne Road Monday – Friday
- Lynchburg, VA 24503 1:30 pm – 6 pm

Food pantries providing home delivery:**Believers Fellowship**

- (434)239-8347
- 727 Old Graves Mill Road Fax (434)237-1643
- Lynchburg, VA 24502 T, W, Th 9am – 5pm
- www.bfellowship.com
- Provides food pantry and city mission. Will deliver food to client. Ask for Jeff or leave a message.

Candlelight Outreach Church

- (434)993-3677
- 243 Jackson Lane (434)238-2638
- Concord, VA 24538 M – Th 9am – 3pm
- Food pantry that delivers to shut-ins/disabled/elderly, assesses client needs and assists with applications for qualified
- programs. Can get food once a month.

Rustburg United Methodist Church

- (434) 332-5454 (call b/w
- 664 Village Hwy. 9-12, Mon-Thurs)
- Rustburg, VA 24588 2
- nd Saturday of each month
- 10 am – 11:30 am
- Monthly food pantry for pick-up but can also deliver to home-bound individuals; call to arrange in advance.

Daily Hot Meals:**Lynchburg Daily Bread**

- (434)845-5703
- 721 Clay Street Fax (434)845-5411
- Lynchburg, VA 24504 Mon-Sun; Sat & Sun 9am – 3pm
- www.lynchburgdailybread.com email: thedailybread@aol.com
- Soup kitchen providing hot lunches every day.

Kids Café

- (434)845-0433
- 1512 Florida Avenue
- Lynchburg, VA 24501
- Provides meals to kids in an environment that is safe, accessible and convenient. Provides a local grassroots approach to
- alleviate childhood hunger. At present, providing dinner only

Furniture and Clothing

Parkview Community Mission Clothing Connection

- This is a fantastic location for free clothing. The facility & clothes are clean and the staff is wonderful.
- 2323 Memorial Avenue Lynchburg, VA 24501 Suite 28.
- (434) 845-8468 ext. 900
- Office/ Distribution/ Donation Hours: Monday, Wednesday, Thursday & Friday 9:00am-3:00pm

Agape Lynchburg

- Agape is a wonderful organization. They have a huge warehouse filled with household goods, furniture, blankets, dishes, clothing, and a food pantry. All items are completely for free.
- Agape also has a free mentorship program if you are interested in receiving godly counsel & guidance.
- 3026 Carrol Ave. Lynchburg, Va. 24501
- 434-846-2783 (please call Tuesdays or Fridays)
- Open hours Tuesdays and the third Saturday of every month 10-2
- Our services include a USDA pantry, clothing, household goods, furniture, and prayer, encouragement and mentorship.

Warm Streets Lynchburg

- [nonprofit homeless warmstreets](#)
- Helping the homeless in Central Virginia with a vast array of services: emergency backpacks, moving services, furniture, sock kiosks, Light Change, etc.
- Warmstreets.org
- Email rick@warmstreets.org for more information

GOODWILL THRIFT STORES (Discount clothing and household items)

- Monday-Saturday 8AM-8PM; Sunday 12PM-6PM
- 3213 Forest Brook Rd (behind Walmart on Old Forest Rd) Lynchburg 434-385-5375
- 2420 Wards Rd (across for Kmart) Lynchburg 434-239-6637
- 22103 Timberlake Rd Lynchburg 434-237-5470
- 18366 Forest Rd (on 221) Forest 434-316-0178
- 174 River James Dr. (across from Sheetz) Madison Heights 434-200-9920
- 105 Clarion Rd Altavista 434-369-1336

New Prospect Baptist Church Clothing Closet

- 434-324-8201
- First Thursday of every month 10am-12pm
- 509 Prospect Rd.
- Hurt, VA. 24563

Tree Of Life Clothing Ministry

- 434-944-3766
- 2027 12th Street (sizes 0 to 10-12)

- Lynchburg, VA 24501
- 2812 Greenview Dr. (sizes 14 and up)
- Lynchburg, VA 24502

General Homeless Resources

Lynchburg Community Action Group (Lyn-CAG)

- HIGHLY RECCOMENDED by ROSS Coordinators.
- Lyn-CAG has served the community for more than 50 years through efforts to promote self-sufficiency and bring relief and encouragement to residents living in poverty. Lyn-CAG works in collaboration with area faith-based organizations, local governments, human and social service agencies, and other groups to support people in crisis, from children to seniors.
- This organization can help you get an ID. Contact Roslyn Carter • rcarter@lyncag.org • 434.455.1601 ext. 311
- **This organization also provides CNA & GED classes, employment training & employment resources, Financial Literacy workshops, financial assistance for home buyers, and more.**
- (434) 455-1601
- <https://lyn-cag.org/>
- info@lyncag.org
- 915 Main Street, Lynchburg, VA 24504
- Monday - Friday: 9:00 am - 5:00 pm

United Way Information Directory

- Dial 2-1-1
- United Way of Central Virginia's 2-1-1 VIRGINIA information and referral center gathers facts on health and human services and provides information to individuals, families, agencies and organizations. The center acts as a central point of access to all human services. The 2-1-1 VIRGINIA staff knows where you can turn for help for a wide variety of needs, including:
 - Financial Assistance for Rent or Utilities
 - Basic Needs such as Food and Shelter
 - Legal Assistance
 - Mental Health Services
 - FAMIS (Family Access to Medical Security Plan)
 - Employment and many other services
- In addition, 2-1-1 VIRGINIA provides information on subjects like government agencies, recreation, support groups, domestic violence, welfare reform, maternal and child health issues, and many others that may be of interest to the public. How to Get Help We have trained Information and Referral Specialists available to discuss your needs and to help you determine the services that may be available to you. They can be reached by dialing 2-1-1 every day, 24 hours a day. The information and referrals we provide are free and confidential. If you are interested in locating services yourself, you may use the [online database](#) which provides a listing of programs serving the entire state of Virginia. You may browse the listing or search using the keywords at the beginning. Language translation is available. We also provide an array of publications, information, and other helpful pieces of literature.

Community Access Network

- (434) 200-3366
- <https://www.communityaccessnetwork.org/benefit-programs-support-services/>
- 800 5th Street Martin Luther King, Jr. Blvd. Lynchburg, VA 24504
- **Hours**
 - Monday - Friday 8:30 a.m. - 8:30 p.m
 - Weekends 8:30 am - 12:30 pm

- **Services**
 - Medicaid
 - Child care assistance
 - Housing assistance
 - Financial assistance

Department of Human Services

- (434) 455-5850
- <https://www.lynchburgva.gov/department-human-services>
- **Financial Programs & Services**
 - Auxiliary Grant Program
 - Energy Assistance Program
 - Family Access to Medical Insurance Security Plan (FAMIS)
 - Food Stamp/SNAP Program (EBT)
 - Fraud Program General Relief Burial Assistance Program
 - Medical Assistance Program (MEDICAID)
 - Temporary Assistance for Needy Families (TANF)
 - Temporary Assistance for Needy Families - Unemployed Parent (TANF-UP)

Identification Documents

Social Security Card

- If you know your social security number, you can apply for a replacement to be sent to you via mail at <https://www.ssa.gov/ssnumber/start.html>. Otherwise, you can visit the local Social Security Office at 7618 Timberlake Road, or call 1-866-964-6142

Birth Certificate

- Complete the online application at the link below.
<https://www.vitalrecordsonline.com/virginia/lynchburg-city/birth-certificate/application>
- OR you can visit the Lynchburg Health Department located at 307 Alleghany Avenue, Lynchburg Virginia, 24501. Their number is 434-477-5900

Virginia State Identification

- Visit the link below:
https://www.dmv.com/va/virginia/apply-id-card?tg1=DVA&utm_content=dmv.com&utm_medium=dmv_&tg7=dmv_&utm_source=dmv.com&tg9=dmv.com&utm_term=organic_dmv&utm_campaign=organic_dmv

Housing Programs

Miriam's House's Rapid Rehousing Program

- To be eligible: Must be a Family, Youth (under 25 years old) or Chronically Homeless (for at least 12 total months in the last 3 years, with 2 references who can verify that you were homeless during those times).
- To apply: A LRHA ROSS Coordinator needs to submit an electronic copy of the Coordinated Entry Referral (CER) to Sarah Fuentes's email.
- The Process: once a CER is emailed to Sarah, a Miriam's House staff member will contact the referred shelter guest and set up an initial meeting in which the shelter guest will fill out some paperwork and talk to his/her about their situation and what they want in a house. Then, the caseworker AND the shelter guest will both look for housing. They will meet/talk regularly to update each other on their findings. If a shelter guest finds a housing opportunity they like, they must immediately contact their Miriam's House caseworker AND their LRHA ROSS Coordinator so that they can apply. Miriam's House will assist the shelter guest with the application process, pay for the security deposit, pay for the application fee, and then a number of month's rent & utilities. If a shelter guest does not maintain contact with their Miriam's House caseworker, they may be discharged from the Rapid Rehousing Program, but can continue to stay at the shelter until their 90 days are up.

SSVF & HUDVASH Veteran's Housing Programs

- To be eligible: Must be a Veteran, must have your DD Form 214.
- To apply: Attend Veterans meeting any Wednesday at 11am in Family Services
- The Process: after submitting identification documents and signing paperwork with TAP representatives, the shelter guest must find housing on their own and report their desired housing option to their TAP representative. Once you find a housing opportunity, TAP will pay for the application fee, security deposit and rent for a number of months.

Mainstream Voucher Program

- To be eligible: Must be homeless or in shelter, must be under 62 years old, and have a disability.
- To apply: Inform your ROSS Coordinator that you are interested in applying. The ROSS Coordinator will then send a Coordinated Entry Referral to Sarah Fuentes at Miriam's House who will pass along the information to the Lynchburg Redevelopment and Housing Authority.
- The process: once a CER is emailed to Sarah, a representative from the Housing Authority will meet with you and begin the process of issuing you a voucher. Once you have the voucher, a Miriam's House Caseworker will meet with you and help you find a place that fits the qualifications of the housing voucher. You can use that voucher ANYWHERE as every apartment complex or property manager is legally obligated to accept your voucher. RUSH homes accept vouchers as well. You then can live in safe housing up to a year, rent free.

GIBHY at Horizon

- To be eligible: Someone in your household/family who lives with you and is under the age of 25 must have a mental health condition.
- To apply: Become a client at Horizon, and inform your ROSS Coordinator of your interest in this program.

- The process: Your ROSS Coordinator will email Joe Grinola at Horizon and refer you, OR you can tell a Horizon Caseworker/psychologist of your interest. Joe will then reach out to you if there is a spot available in the program.

PSH Housing Program at Horizon

- To be eligible: You must be a client at Horizon, and have a diagnosed mental illness.
- To apply: Inform your ROSS Coordinator of your interest. He or she will then provide a paper copy of the PSH program application for you to fill out. Once he or she has this, they will send an electronic copy to Regina Fitzgerald and Amy Dodd at Horizon.
- The Process: Either your ROSS Coordinator or a Horizon worker for this program will reach out to you directly and set up an appointment in which they will talk through what your needs/wants are in housing. They will then search for housing with you, pay the application fee, pay the security deposit, pay the rent, and oftentimes, pay for furniture and food for you.

Maternity Homes

Liberty Godparent Home (Lynchburg, VA)

- **Phone:** 434.845.3466
- For mothers ages 12-21.

Mary's Haven (Roanoke, VA)

- Call Dorothy Marshall at 540-397-3963 for more information
- www.marys-haven.org
- Free, fully furnished apartment/utilities in a safe area for up to 3 years for a single pregnant mother who is off of drugs/alcohol.
- Case management and parenting classes available

Room at the inn (Greensboro, NC)

- 336-996-3788
- 1 hr 55 min away

Paul Stefan Foundation (Locust Grove, VA)

- 540-854-2300
- 1-866-908-MOMS (6667)
- 1 hr 43 min away
- Admin@paulstefanhome.org
 - Pro-life home for those involved in crisis pregnancy

Mary's Shelter (Fredericksburg, VA)

- 540-374-3407
- 2 hr 37min away.
- Info@maryssheltermva.org
 - Housing for pregnant women and additional children (can stay up to 3 years)
 - Age 18+

Carried to Full Term (Haymarket, VA)

- 571-261-2838
- 2 hr 42 min away
- Carriedtofullterm@gmail.com
 - Provide long-term housing to pregnant and homeless women (can stay up to 24 months)
 - Under age 21

Good Shepherd Alliance (Ashburn, VA)

- 703-724-1555.
- 3 hrs 13 min away
- Community@goodshepherdalliance.org

- Services for the homeless, near-homeless, and those in need
- Several shelters for pregnant women, those with children, or families

Wythe Refuge & Mercy House (Wytheville, VA)

- 276-620-6714
- 2 hr 18 min away
- Wytherefugemercyhouse@gmail.com
 - Transitional homes for women and their children who are in crisis (can stay up to 16 months)

New Eve Maternity Home (Winchester, VA)

- 540-450-0775
- 2 hr 46 min away
- Info@newevematernityhome.org
 - Housing for pregnant women and their children facing homelessness
 - Age 18+

H.O.P.E. Village (A Salvation Army location near Norfolk, VA)

- (757) 543-8100
- About 3 hours away.
- Great program for single mothers

Mentorship Programs

Parkview Community Mission's Mentorship Program

- Adults ages 18+ are eligible.
- To get started, all you have to do is fill out the form (below), go to a 30 min intake meeting in which they will figure out which mentor would be most compatible for you, and then you will be assigned to someone to speak with once or twice a week. These mentorship meetings can occur at Parkview Community Mission, which is about a block away from the LRHA.
- <https://docs.google.com/forms/d/e/1FAIpQLSexsvK9mV4pIzEI4CG0j4x2AZ9hhFcfnyiwqaIYIWYELsS8ng/viewform?vc=0&c=0&w=1&flr=0>

Agape Lynchburg Mentorship Program

- Their mentorship program occurs at their location (address below) on Tuesdays 10:00 am - 2:00 pm and the third Saturday of each month 10:00 am - 2:00 pm.
- 3026 Carrol Ave. Lynchburg, VA 24501
- (434) 846-2783.

We also highly recommend that you build community with other individuals to gain support and guidance. Attending Life Skill Classes at Lighthouse Community Mission, or Parkview Community Mission is a great start, or joining a Bible Study here or at a local church is a good idea too. You may meet a competent individual who can advise and encourage you who can become your mentor.

Homeless Shelter Options

Salvation Army

RESET Shelter

- For anyone over 18
- Located in downtown Lynchburg, at the corner of 5th & Polk Street
- Call the homeless hotline CHIA for more information: 434-427-CHIA
- No IDs, sex offender status, drug tests, or alcohol test required for admission.

House of Hope

- For men or women
- House of Hope, 206 S Ridge St, Danville, VA 24541
- [434-549-1459](tel:434-549-1459)
- House of Hope is a faith-based, temporary homeless shelter serving adults from all walks of life in Danville, Virginia and Pittsylvania County for the past 10 years.

YWCA

- For Women/Families in a Domestic Violence situation.
- 626 Church Street, Lynchburg, Virginia 24504
- (434) 847-7751, Option 2
- YWCA is a shelter for women or families who have faced abuse. Call ahead of time before you arrive to do an intake over the phone. After your intake, the YWCA representative will decide if they will take your case.

Rescue Mission

- For men, women or families
- 402 4th Street SE, Roanoke, VA 24013
- 540-343-7227
- Located just an hour away, the Rescue Mission provides shelter, health services, meals, and case management services. Call ahead for availability.

Salvation Army in Reidsville

- For veterans
- 704 Barnes St, Reidsville, NC 27320
- [336-349-4923](tel:336-349-4923)
- This LRHA location is about an hour away, and has a shelter specifically for veterans.

For Pregnant Women: Liberty Godparent Home

- 124 Liberty Mtn Drive
Lynchburg, VA 24502
- 434-845-3466
- The Liberty Godparent Home houses pregnant young ladies ages 12-21.

Recovery Options for Substance Abuse

Roads2Recovery

- a substance abuse recovery center which is just down the street from our shelter. They provide housing, connect you with resources, give you free counseling, and help you with employment. They will take you in for free, and will only require a small fee after you have acquired employment.
- 3000 Langhorne Road, Lynchburg, VA 24501
- Website: www.roads2recovery.org
- Phone: 434-455-0053

Pathways Residential Treatment Center, at Centra Hospital.

- They accept most forms of insurance, and are able to provide you with a room, medical assistance, and therapy. Call an intake counselor at [434.200.4455](tel:434.200.4455) prior to arriving.
- Virginia Baptist Hospital, 3300 Rivermont Avenue, Lynchburg, VA
- Open 24/7
- Phone: [434.200.4455](tel:434.200.4455)
- <https://www.centrahealth.com/facilities/pathways-residential-treatment-center>

Brightview Services

- an option for those who do not need shelter, but still need to recover from addiction. They incorporate medication-assisted treatment (MAT), along with individual counseling, [group therapy](#), social service support, case management, and work on co-occurring disorders.
- 3704 Old Forest Road, Lynchburg Va 24501
- **(757) 695-9406**
- Accept Medicaid, Medicare and other forms of insurance.

Option for Men Only: Our Father's House

- a home for men who are recovering from addiction. This Christian-based organization can house up to 14 men, and provide counseling, mentorship, ministry, and resources. Visit their website for more information: <https://www.our-fathers-house.org/>

Senior Housing Options

1. Frank Roane Apartments

- 900 Federal Street, Lynchburg, Virginia 24504
- This created affordable housing for low-income elderly individuals, 62 years of age and older. Frank Roane is conveniently located on the bus line with on-site laundry facilities and private off-street parking. All of the apartments at Frank Roane are Project Based Section 8 and Low-Income Housing Tax Credit units. These apartments are income and rent restricted.

2. Serenity Manor at Hollins Hill

- 701 Hollins St, Lynchburg, VA 24504, [\(434\) 226-4219](tel:4342264219)
- Monthly Rent: \$596 - \$596
- Pet-friendly
- “Serenity Manor at Hollins Mill offers spacious floorplans with 1 and 2 bedrooms, planned social activities and onsite laundry facilities. Set in a beautiful, historic building in Lynchburg, you will love calling Serenity Manor at Hollins Mill your home. Functional floorplans, quality workmanship, and a convenient location make this community a desirable one in which to live and have fun!”

3. Wesley Apartments

- 1201 Long Meadows Dr, Lynchburg, VA 24502, 434-333-7136
- Monthly Rent: \$622
- “Nestled in a park like setting, this 55+ community is ready and waiting for you! Discover true Lynchburg living at Wesley Apartments. This community can be found on Long Meadows Dr. in the 24502 area of Lynchburg. Be sure to check out the apartment floor plan options. From amenities to location, the professional leasing team is available to assist you in finding your perfect place. Contact us or drop by the leasing office to talk about leasing your next apartment and see Wesley Apartments. Security Deposit \$200”

4. Clear Brook Apartments

- 3004 Hill Street, 434-845-2155
- Rent is based on your income.
- Clear Brook Apartments is a beautiful apartment community, with 71 one-bedroom units for lower income seniors. A typical unit plan consists of a kitchen and dining nook, one full bath, a spacious bedroom, and a living room. Handicap units are available.

5. Hillcrest Apartments

- 3000 Birchwood Drive, Lynchburg, Virginia 24501, 434-528-0373
- “At Hillcrest Apartments, located in Lynchburg, VA we care about the comfort and happiness of each resident. Our purpose is to provide an affordable, pleasing place to live for those 62 and over. Hillcrest is an attractively designed, elevator-equipped retirement community offering one and two bedroom apartments with full kitchens. Residents furnish their apartments with favorite personal belongings. Emergency Staff response service is available 24 hours a day, seven days a week. Enjoy independent living in your new transition at our apartment community.”

6. McGurk House

- 434-846-2425
- 2425 Tate Springs Road, Lynchburg, VA 24501
- McGurk House is an attractively designed, elevator-equipped retirement community offering one bedroom apartments with full kitchens. Residents furnish their apartments with favorite personal belongings. Emergency Staff response service is available 24 hours a day, seven days a week.

7. **Jefferson House Apartments**

- (434) 846-1800
- Must be 55 years or older to apply. An application is available online at <https://westminstercompany.com/property/jefferson-house-apartments/>
- 1818 Langhorne Square, Lynchburg Virginia 24501
- Jefferson House Apartments is a Low-Income Housing Tax Credit (LIHTC) offering 1 Bedroom Apartments located in Lynchburg Va. It is a 101-unit high-rise Apartment Community with all utilities included.

Skill Builders

If you struggle to complete daily tasks or have a mental health disability, a mental health skill builder would greatly benefit you. They will help you in your daily to-do list, organize your day, make sure you are maintaining your self-care/mental health, and sometimes provide transportation to important appointments.

Mental Health Skill Builder: Dominion Care

- To refer, call 434-528-4580, extension 1 to reach Sheniqua. Have the client's file nearby, they'll ask you a lot of questions about SSN, birthday, etc.
- <https://dominion.care/>

DHS Mental Skill Builder

- <https://ehssupportservices.com/ehs-lynchburg.html>

Horizon Behavioral Health. You can call their number on the website, or send someone to do a walk-in meeting.

- (for counseling, Case Management, medication management, Housing for those with mental health disorders/addictions)
- <https://www.horizonbh.org/admissions/>

Transportation

Allied Cabs

- Our most trusted cab company here in Lynchburg
- alliedcablynchburg.com
- Phone:(434) 845-7039

HumanKind Ways To Work Program

- Ways to Work offers financial education and access to affordable vehicle loans for working individuals. In partnership with HumanKind Lending, we work to help you build credit and gain access to reliable transportation. Our loan approvals are based on the character of the applicant, affordability of the payment, and eligibility guidelines (shown below). In addition to loan assistance, program participants receive additional supportive services including life skills, financial resources, and credit education.”
- Fill out an application at their website: <https://www.humankind.org/economic-resource-center/ways-to-work/>

GLTC Bus Station

- Purchase bus passes on the bus, at the station on Kemper Street, or at the main office located on 419 Bradley Dr Lynchburg, VA 24501.
- Parkview Community Mission sometimes has bus passes for those who need them.
- Those with a disability can apply for their half-fare program at the link below:
<https://gltonline.com/paratransit/>